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Muktainagar Taluka Education Society's
Smt. Godavaribai Ganpatrao Khadse College,
Muktainagar Tal: Muktainagar, Dist: Jalgaon (MS) 425306

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Department of Psychology and Counseling Center Report of Activity

Name of the Program / Activity	Lecture on Psychological Health and Lifestyle
Date and Time	22/02/2021
Venue	Department of Psychology and counseling center
Resource Person	Dr. C. V. Thingle
Organized by	Department of Psychology and counseling center
No. of Participants	16

A Brief Report

Department of Psychology and counseling center organized a lecture on Psychological Health and Lifestyle for faculty at the Department of Psychology and counseling center. The resource person Dr. CV. Thingle guided to participants about concerns related to psychological health and current lifestyle such as diet, nutrition, Yoga, Exercises, etc.



cvthingle
Psychology Department



Ashya
Acting Principal
Smt. G. G. Khadse College,
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