



Muktainagar Taluka Education Society's
Smt. Godavaribal Ganpatrao Khadse College,
Muktainagar, Dist : Jalgaon- 425306

મુક્તાઈનગર તાલુકા પચ્ચુકેશન સંસ્થાથી, સંચાલિત
શ્રીમતી ગોવાવરીબાઈ ગણપતરાવ खडसे महाविद्यालय,
મુક્તાઈનગર, જિ. જલ્ગાંવ- ૪૨૫૩૦૬

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Outward No:

Date:

Department of Psychology and Counselling Centre

Name of the Program / Activity	Stress relief while facing exams
Date	24\12\2025
Venue	Depart of Psychology and Counselling Centre
Resource Person	Dr. Chhaya V. Thingale
Organized by	Depart of Psychology and Counselling Centre
No. of Participants	60

A Brief Report

A Program for high school students of 12th class from Shri Shivaji Junior college, Kurakakoda on Title: " Stress relief while facing exam " was organized by the Depart of Psychology and Counselling Centre. As the main organizer of the program was **Dr. Chhaya V. Thingale** and 60 students were present in the program.



Chhaya V. Thingale
Head,

Department of Psychology,
M.T.E.S' Smt. G. G. Khadse College,
Muktainagar Tq. Muktainagar, Dist. Jalgaon



Principals
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