



Muktainagar Taluka Education Society's  
Smt. Godavaribai Ganpatrao Khadse College,  
Muktainagar, Dist : Jalgaon- 425306

मुक्ताईनगर तालुका एज्युकेशन सोसायटी, संचलित  
श्रीमती गोदावरीबाई गणपतराव खडसे महाविद्यालय,  
मुक्ताईनगर, जि. जळगांव- ४२५३०६

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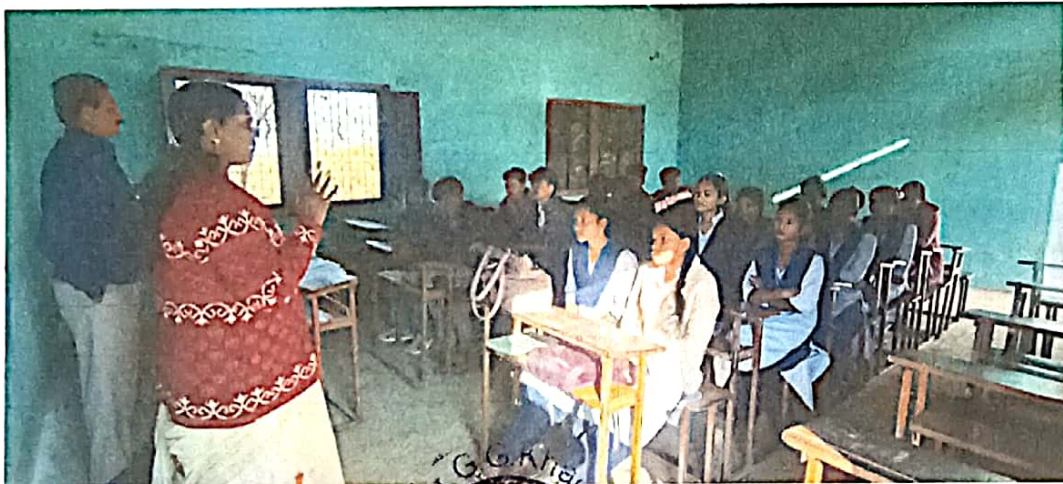
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## Department of Psychology and Counselling Centre

Name of the Program / Activity	Stress relief while facing exams
Date	24\12\2025
Venue	Depart of Psychology and Counselling Centre
Resource Person	Dr. Chhaya V. Thingale
Organized by	Depart of Psychology and Counselling Centre
No. of Participants	18

### A Brief Report

A Program for high school students of 12<sup>th</sup> class from Dhyanaapurna junior college, Ichhapur - Nimkhadi on Title: " **Stress relief while facing exam** " was organized by the Department of Psychology and Counselling Centre. As the main organizer of the program was **Dr. Chhaya V. Thingale** and 18 students were present in the program.



*Chhaya V. Thingale*

Head,

Department of Psychology,  
M.T.E.S' Smt. G. G. Khadse College,  
Muktainagar, Tq. Muktainagar, Dist. Jalgaon



*Pradeepan*  
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