



Muktainagar Taluka Education Society's

Smt. Godavaribai Ganpatrao Khadse College,
Muktainagar, Dist : Jalgaon- 425306

मुक्ताईनगर तालुका एज्युकेशन सोसायटी, संचलित

श्रीमती गोदावरीबाई गणपतराव खडसे महाविद्यालय,
मुक्ताईनगर, जि. जळगांव- ४२५३०६

Visit @ www.khadsecollege.in

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Outward No:

Date:

Sports Department Report of Activity

Name of the Program/ Activity	Yoga Class for NSS students
Date and Time	23 Jan 2023
Venue	Hartala
Resource Person	Dr. Pratibha Dhake
Organized by	NSS
No. of Participants	62
Objective/Aim	:To impart yoga pranayama lessons to the students for optimal health.
Outcome	Regular students enthusiastically embraced Yogasana and Pranayama practice, integrating them into their daily routines for enhanced well-being.

Yoga class for NSS students was conducted by the Sports Department during NSS Camp in Hartala village on 23 Jan 2023. Students as well as teachers participated the Yoga session. NSS Camp was organized by MTES' Smt.G.G.Khadse college, Muktainagar.

MTES'S



Director of Physical Education
Director,

Physical Education,
M.T.E.S' Smt. G. G. Khadse College,
Muktainagar, Tq. Muktainagar, Dist. Jalgaon



Principal

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