



मुक्ताईनगर तालुका एज्युकेशन सोसायटी, संचलित

Smt. Godavaribai Ganpatrao Khadse College, श्रीमती गोदावरीबाई गणपतराव खंडसे महाविद्यालय, Muktainagar, Dist : Jalgaon- 425306 मुक्ताईनगर, जि. जळगांव- ४२५३०६

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Outward No:

Date:

Department of Psychology and Counseling Center Report Activity

Name of the Program / Activity	"Coping with stress Arising out of Online to offline Exams".	
Date and Time	19/04/2022	
Venue	Department of Psychology and counseling center	
Resource Person	Dr. Aparna Astputhere	
Organized by	Department of Psychology and counseling center	
No. of Participants	51	

A Brief Report

Department of Psychology and Counseling Center organized a webinar on 'How to cope with the stress during online and offline exam'. The resource person Dr.Aparna Astputhere guided to participants about concerns related to Psychological, Mantal Health and facing the stress arising out of shift from online to offline exam. Total 51 students were present for the program.



Department of Psychology



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