



॥ तमसो मा ज्योतिर्गमय ॥

Muktainagar Taluka Education Society's

**Smt. Godavaribai Ganpatrao Khadse College,**

Muktainagar, Taluka-Muktainagar, Dist. Jalgaon-425306

Ph.No. (02583) 234408 (Office)  
(02583) 234540 (Fax)  
(02583) 234836 (Resi.)

Shri.V.R.Patil  
Principal  
E-mail- khadse\_college1990@rediffmail.com  
Website- khadsecollege.in

## Department of Student Development Report of Activity

<b>Name of the Program / Activity</b>	Programme on Stress-free Exam
<b>Date and Time</b>	17/12/2019, Time: 11:00 AM
<b>Venue</b>	MTES' Smt. G. G. khadse College Muktainagar
<b>Resource Person</b>	Mr. Anil Shinde (ASC College, Varangaon)
<b>Organized by</b>	Student Development Department
<b>No. of Participants</b>	55

### A Brief Report


Kavayitri Bahinabai Chaudhary North Maharashtra University Jalgaon Student Development Department sponsored programme was organized by Student Development Department of MTES' Smt. G.G. Khadse College Muktainagar 17/12/2019, Time: 11:00 AM in the Room No. 36 of the College to inform the students about the Stress-free Exam.

Mr. Anil Shinde, guided the students on the subject of stress-free exam in which he discussed what positive and negative stress is and how it affects. There must be positive stress, he said, if your personality is to be developed. Students should take care about negative stress and also mentioned in his speech to fearlessly face the exam. Students realized the importance of Stress free exams.



  
प्रा.संजीव बलीराम सालवे  
(विद्यार्थी विकास अधिकारी)



  
Principal  
Smt.G.G. Khadse College  
Muktainagar, Dist. Jalgaon